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Create a Cookbook

Between baking pies and whipping up a pot of your best chili, fall is a food-focused season. To tie it all together, October is National Cookbook Month! Let this occasion inspire you to gather some favorite recipes from people you know. Ask relatives for cherished family recipes and post a request on social media for friends to share their go-to meals. Compile your findings into a handmade cookbook for yourself, and for a thoughtful holiday gift, make copies for others.

MARCH 2024

Popcorn Pick: 'Leap Year'

This St. Patrick's Day, race across the Irish countryside with Anna (Amy Adams) on a bumpy mission to get hitched. According to Irish tradition, if a woman proposes to a man on Feb. 29, he must accept—so Anna hops on a plane to pop the question to her longtime boyfriend, Jeremy (Adam Scott). But when Anna's travels go awry and she is forced to hitchhike with stranger Declan (Matthew Goode), will her big plans change? Fall in love with the charming characters and the soothing scenery of the Emerald Isle in this feel-good rom-com from 2010.



MARCH 2024

BIRTHDAYS

Rose Ann- 03/06





Famous Faces Born in March

March 2, 1968: Daniel Craig
 March 3, 1997: Camila Cabello
 March 7, 1974: Jenna Fischer
 March 9, 1979: Oscar Isaac
 March 16, 1986: Alexandra Daddario
 March 23, 1973: Jason Kidd
 March 27, 1997: Lalisa "Lisa" Manobal
 March 31, 1948: Rhea Perlman

Wearing of the Green

It's hard to imagine a color other than green dominating St. Patrick's Day celebrations, but for centuries, blue was associated with Ireland. One reason for the color switch was the Irish Rebellion of 1798, an uprising against British rule in which Irish soldiers wore green uniforms. As made famous by the lyrics of the ballad "The Wearing of the Green," people began displaying the color as an expression of national pride.

"Life is a painting, and you are the artist. You have on your palette all the colors in the spectrum."
—Paul J. Meyer

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				WOMEN'S HISTORY MONTH		
<p>10:00 Morning Coffee</p> <p>11:00 Sunday Worship!</p> <p>2:00 Trivia</p> <p>3:00 Sunday movie night</p> <p>6:00 Puzzles</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Nature Walk</p> <p>2:00 Resident Council</p> <p>3:00 Card Games</p> <p>6:00 Fidget Jigsaw Puzzle</p>	<p>10:00 Morning walk</p> <p>10:30 Coffee and chat</p> <p>11:00 Music Melodies!</p> <p>2:00 Bingo!</p> <p>3:00 Devotion</p> <p>6:00 Train of thought</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Hands massage/ Nails</p> <p>2:00 Oreo Pudding!</p> <p>3:00 Hymn Singing</p> <p>6:00 Match the shape!</p>	<p>10:00 Morning walk</p> <p>10:30 Coffee and chat</p> <p>11:00 Therapy Dog</p> <p>2:00 Bingo!</p> <p>3:00 Shamrocks!</p> <p>6:00 4 in a row</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Music Melodies!</p> <p>3:00 Dominos</p> <p>6:00 Wooden Puzzle</p>	<p>10:00 Morning Coffee</p> <p>11:00 Saturday Bowling</p> <p>2:00 Afternoon Social</p> <p>3:00 Corn Hole</p> <p>6:00 Movie Night</p>
<p>10:00 Morning Coffee</p> <p>11:00 Trivia</p> <p>2:00 Powerhouse of Prize Church</p> <p>3:00 Sunday movie night</p> <p>6:00 Puzzles</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Nature Walk</p> <p>3:00 Card Games</p> <p>6:00 Fidget Jigsaw Puzzle</p>	<p>10:00 Morning walk</p> <p>10:30 Coffee and chat</p> <p>11:00 Music Melodies!</p> <p>2:00 Bingo!</p> <p>3:00 Devotion</p> <p>6:00 Train of thought</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Hands massage/ Nails</p> <p>2:00 Leprechaun Hats</p> <p>3:00 Hymn Singing</p> <p>6:00 Match the shape!</p>	<p>10:00 Morning walk</p> <p>10:30 Coffee and chat</p> <p>11:00 Therapy Dog</p> <p>2:00 St. Patrick's Day Bingo!</p> <p>6:00 4 in a row</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Music Melodies!</p> <p>2:00 Paint and Sip!</p> <p>3:00 Dominos</p> <p>6:00 Wooden Puzzle</p>	<p>10:00 Morning Coffee</p> <p>11:00 Saturday Bowling</p> <p>2:00 Afternoon Social</p> <p>3:00 Corn Hole</p> <p>6:00 Movie Night</p>
<p>10:00 Morning Coffee</p> <p>11:00 Sunday Worship!</p> <p>2:00 Trivia</p> <p>3:00 Sunday movie night</p> <p>6:00 Puzzles</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Nature Walk</p> <p>3:00 Card Games</p> <p>6:00 Fidget Jigsaw Puzzle</p>	<p>10:00 Morning walk</p> <p>10:30 Coffee and chat</p> <p>11:00 Music Melodies!</p> <p>2:00 Bingo!</p> <p>3:00 Devotion</p> <p>6:00 Train of thought</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Hands massage/ Nails</p> <p>2:00 Cooking with Chef Andrew!</p> <p>3:00 Hymn Singing</p> <p>6:00 Match the shape!</p>	<p>10:00 Morning walk</p> <p>10:30 Coffee and chat</p> <p>11:00 Therapy Dog</p> <p>2:00 Bingo!</p> <p>5:00 Family night</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Music Melodies!</p> <p>2:00 Froot loop</p> <p>3:00 Dominos</p> <p>6:00 Wooden Puzzle</p>	<p>10:00 Morning Coffee</p> <p>11:00 Saturday Bowling</p> <p>2:00 Afternoon Social</p> <p>3:00 Corn Hole</p> <p>6:00 Movie Night</p>
<p>10:00 Morning Coffee</p> <p>2:00 Liberty Live Church!</p> <p>2:00 Trivia</p> <p>3:00 Sunday movie night</p> <p>6:00 Puzzles</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Nature Walk</p> <p>3:00 Card Games</p> <p>6:00 Fidget Jigsaw Puzzle</p>	<p>10:00 Morning walk</p> <p>10:30 Coffee and chat</p> <p>11:00 Music Melodies!</p> <p>2:00 Bingo!</p> <p>3:00 Devotion</p> <p>6:00 Train of thought</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Hands massage/ Nails</p> <p>3:00 Hymn Singing</p> <p>6:00 Match the shape!</p>	<p>10:00 Morning walk</p> <p>10:30 Coffee and chat</p> <p>11:00 Therapy Dog</p> <p>2:00 Bingo!</p> <p>6:00 4 in a row</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Music Melodies!</p> <p>3:00 Dominos</p> <p>6:00 Wooden Puzzle</p>	<p>10:00 Morning Coffee</p> <p>11:00 Saturday Bowling</p> <p>2:00 Afternoon Social</p> <p>3:00 Corn Hole</p> <p>6:00 Movie Night</p>
<p>10:00 Morning Coffee</p> <p>11:00 Sunday Worship!</p> <p>2:00 Trivia</p> <p>3:00 Sunday movie night</p> <p>6:00 Puzzles</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Nature Walk</p> <p>3:00 Card Games</p> <p>6:00 Fidget Jigsaw Puzzle</p>	<p>10:00 Morning walk</p> <p>10:30 Coffee and chat</p> <p>11:00 Music Melodies!</p> <p>2:00 Bingo!</p> <p>3:00 Devotion</p> <p>6:00 Train of thought</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Hands massage/ Nails</p> <p>3:00 Hymn Singing</p> <p>6:00 Match the shape!</p>	<p>10:00 Morning walk</p> <p>10:30 Coffee and chat</p> <p>11:00 Therapy Dog</p> <p>2:00 Bingo!</p> <p>6:00 4 in a row</p>	<p>10:00 Chair Exercise</p> <p>10:30 Pick a year!</p> <p>11:00 Music Melodies!</p> <p>3:00 Dominos</p> <p>6:00 Wooden Puzzle</p>	<p>10:00 Morning Coffee</p> <p>11:00 Saturday Bowling</p> <p>2:00 Afternoon Social</p> <p>3:00 Corn Hole</p> <p>6:00 Movie Night</p>

CHANGE YOUR CLOCKS

All About Easter

Easter, one of the most important holidays in Christianity, celebrates the central event of the Christian faith: the resurrection of Jesus Christ after his crucifixion. This event is significant to Christians because, through his death and resurrection, Jesus suffered for the sins of the world, yet was able to overcome death.

Easter is observed on the first Sunday after the full moon that occurs on or after the vernal equinox (the first day of spring). According to the Bible, the events of the crucifixion and resurrection occurred during the Jewish Passover, a springtime celebration.

Easter is preceded by Lent, a 40-day period of fasting and repentance that begins on Ash Wednesday. The Sunday before Easter is Palm Sunday, the day that Jesus arrived in Jerusalem. The week before Easter is called Holy Week.

During Holy Week, Christians observe Maundy Thursday, when the Last Supper with Jesus and his disciples took place; and Good Friday, the day of the crucifixion. The resurrection is then celebrated on Easter Sunday.

Children often participate in Easter egg hunts and look forward to visits from the Easter Bunny, who is said to deliver candy and eggs during the night. Eggs and rabbits were once used as fertility symbols during ancient springtime festivals, but now represent new life when associated with the Easter holiday.

Go Green on March 17

St. Patrick's Day on March 17 is a time when many people claim kinship with the Emerald Isle and hope for the luck of the Irish. No matter your ancestry, you may be interested in the following facts and figures.

- The first New York City St. Patrick's Day parade occurred in 1762. The current parade lasts five to six hours and is attended by nearly 2 million spectators every year.
- In addition to a parade, Chicago celebrates St. Paddy's Day by turning the Chicago River green. It takes 45 pounds of powdered dye to accomplish the festive feat.
- About 55 percent of people in the U.S. celebrate St. Patrick's Day in some way, spending a total of \$5 billion on the holiday.
- An estimated 34 million Americans have Irish ancestry. That's more than seven times the population of Ireland.
- Towns that seem especially suited to celebrate the holiday include Shamrock, Texas; St. Patrick, Mo.; Dublin, Ohio; Ireland, W.Va.; Emerald Isle, N.C.; and Irishtown, Ill.
- Over 650,000 babies born in the U.S. in the last century have been named Patrick. The name means "nobleman."
- Your odds of finding a four-leaf clover are about 1 in 10,000.
- According to legend, when they aren't guarding their pots of gold, leprechauns spend their days making and mending shoes.